

# 100 Essential English Phrases

Useful English for everyday conversation

Tip: Learn phrases as complete chunks. You do not have to understand every grammar rule before you start speaking.

Free download for learners of Somali, Swahili and English.

## Core phrases

1. Hello. - A common greeting.
2. How are you? - A polite way to ask about someone.
3. Nice to meet you. - Used when meeting someone for the first time.
4. Please. - Used when making a polite request.
5. Thank you. - Used to show gratitude.
6. You are welcome. - A reply to thanks.
7. Excuse me. - Used to get attention politely.
8. I am sorry. - Used to apologise.
9. Could you help me? - A polite request for help.
10. I do not understand. - Useful when communication is difficult.
11. Could you repeat that? - Used when you did not hear clearly.
12. Please speak slowly. - A useful request for learners.
13. What does this mean? - Used to ask about meaning.
14. How much is it? - Useful when shopping.
15. Where is the bathroom? - A practical question when travelling.
16. Where can I find...? - Used to ask for a place or service.
17. I am learning English. - A useful sentence for beginners.
18. I speak a little English. - Useful when describing your level.
19. See you later. - A friendly parting phrase.
20. Have a good day. - A polite farewell.
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## Practice

Choose ten phrases and write a short dialogue. Read it aloud twice. Then swap one word in each sentence to create a new version.